

	5-4	3-2	1-0
Exercise Selection	Proper exercise selection for the phase of treatment and time frame of healing process.	Exercise selection will not necessarily help nor hurt the patient during this time frame of healing process.	Not the correct Exercise selection for this time frame of healing process.
Exercise Parameters (Sets, Reps, Time, etc.)	Parameters are appropriate and will optimize the healing process.	Parameters will not necessarily help nor hurt the patient during this time frame of healing process.	The parameters chosen are not appropriate and will not aid in the healing process.
Exercise Progression	Proper progression of exercises that increases range of motion and resistance advancing the patient to a full activity	Progression of exercises will minimally increase range of motion, resistance and could elongate the patients return to full activity	Progression of exercises do not increase range of motion, resistance and do not help the patient return to full activity in a timely manner
Theory	Proper theory applied with the therapeutic exercises chosen.	Correct theory, but incorrect therapeutic exercises chosen or parameters provided	Incorrect theory, therapeutic exercises and parameters.
Explanation	Good Explanation of selected therapeutic exercises and parameter selected.	Fair explanation of selected therapeutic exercises and parameters.	Poor explanation of selected therapeutic exercises and parameters.
Creativity/added information	Good level of creativity of added information and items that help accentuate the healing process and the use of the therapeutic exercises	Fair level of creativity of added information and items that help accentuate the healing process and the use of the therapeutic exercises	Poor level of creativity of added information and items that help accentuate the healing process and the use of the therapeutic exercises