| | 5-4 | 3-2 | 1-0 |
|------------------|---------------------|--------------------------|------------------------|
| Exercise | Proper exercise | Exercise selection will | Not the correct |
| Selection | selection for the | not necessarily help nor | Exercise selection |
| | phase of treatment | hurt the patient during | for this time frame |
| | and time frame of | this time frame of | of healing process. |
| | healing process. | healing process. | |
| Exercise | Parameters are | Parameters will not | The parameters |
| Parameters | appropriate and | necessarily help nor | chosen are not |
| (Sets, Reps, | will optimize the | hurt the patient during | appropriate and will |
| Time, etc.) | healing process. | this time frame of | not aid in the |
| | | healing process. | healing process. |
| Exercise | Proper progression | Progression of | Progression of |
| Progression | of exercises that | exercises will | exercises do not |
| | increases range of | minimally increase | increase range of |
| | motion and | range of motion, | motion, resistance |
| | resistance | resistance and could | and do not help the |
| | advancing the | elongate the patients | patient return to full |
| | patient to a full | return to full activity | activity in a timely |
| | activity | | manner |
| Theory | Proper theory | Correct theory, but | Incorrect theory, |
| | applied with the | incorrect therapeutic | therapeutic |
| | therapeutic | exercises chosen or | exercises and |
| | exercises chosen. | parameters provided | parameters. |
| Explanation | Good Explanation | Fair explanation of | Poor explanation of |
| | of selected | selected therapeutic | selected therapeutic |
| | therapeutic | exercises and | exercises and |
| | exercises and | parameters. | parameters. |
| | parameter selected. | | |
| Creativity/added | Good level of | Fair level of creativity | Poor level of |
| information | creativity of added | of added information | creativity of added |
| | information and | and items that help | information and |
| | items that help | accentuate the healing | items that help |
| | accentuate the | process and the use of | accentuate the |
| | healing process | the therapeutic | healing process and |
| | and the use of the | exercises | the use of the |
| | therapeutic | | therapeutic |
| | exercises | | exercises |