Envy can be thought of as the cousin to Gluttony and sister to Greed. There is the wanting, the wishing, never stopping till you have the best, but there is more. This is a want for a total trade. A total body, status, and life change. It is how you view your value, and how you view another’s. You see yourself in a position of poverty compared to another. You see their life, their body, and their smiles as something that you should, and have the right to have. It is as if you are spitting in the face of your DNA, and saying that it messed up. That it is not good enough for your liking, so you wish to sell it and get anew. Envy can cause one to go crazy with self loathing, and self doubt. It can cause one to become depressed by what they don’t have rather than looking at all the qualities they do contain. Envy is enhanced by our media as flashes of beautiful people in beautiful clothing, which causes us to think that our self worth is based on what we have, not who we are. Plastic surgery is the number one growing medical industry in our nation, and people wonder why? Envy has taken a hold of society. Never quite satisfied, always itching for more of what we see from others, Envy causes us to disregard ourselves and lust towards something better.