

Great answer

5. Using the APA code of ethics as your guide, list the ethical issues that this case presents. Discuss the additional information and steps that you would need to take (if any) to make sure that you are not in violation of the ethical code of conduct while interacting with this client.

2/2/20

- a. ✓ Competency boundaries- The case conceptualization mentioned that Monica referred her sister based off a co-workers couple's therapy experience. I am assuming that I might focus in this population. If this is the case I would need to consider if I am competent to work with eating disorders or if the client would be better served going to someone who specializes in eating disorder clients. At this time I believe that my education has provided me the skills to work with a variety of clients and feel comfortable and competent to work with a client suffering from an eating disorder.
- b. ✓ Third party boundaries and confidentiality- since Rachel was referred to me by her sister I would need to establish boundaries of confidentiality between Rachel, Monica, and myself as well as establish who my client will be. In this Rachel would be my client and would obtain all confidentially unless required by law or given consent to share information with another professional.
- c. ✓ Confidentiality boundaries if imminent threat to oneself or someone else. I would need to explain to Rachel that if at any time I thought she was an imminent threat to herself or someone else I would have to break confidence and report. At this time she is not a risk to herself based off of the suicide assessment and is not a risk to anyone else as a result of intake information.
- d. ✓ Consulting with other professionals- Since Rachel is being referred by me to various other professionals I will need Rachel's signed consent to communicate the essential information about her situation to other professionals.
- e. ✓ Consent to provide services- Since Rachel was referred I would need to get consent from Rachel to Formally assess her (BDI, BAI, EDE-Q, and CIA) as well as provide therapy. I can do this through verbal communication and a signed consent.